

# Chiropractic Validated by Medical Research

By [Dr. Lloyd Fielder](#)

Since chiropractic's inception in 1895 there has been an understanding of the crucial relationship between the integrity of the spinal column and the function of the nerve system as a whole and specifically the tissues and organs that they supply. The interrelatedness of the spine and nerve system--even way back then--was evident in its simplest of understandings.

It was this basic observation that led to the profession of chiropractic focusing on the function of the nerve system and how it is the main source for transmitting the inborn intelligence and information one requires to express their fullest health potential. In essence, to the degree one maintained a healthy nerve system, one free of interference and aberrant communication in relation to the spine, is to the degree one was able to express the fullest potential for life and health.

Chiropractors influence the function of the nerve system through the spine and spinal subsystems thereby allowing the body to increase its own inborn ability to self-regulate and self-heal.

## Why Don't M.D.s Recognize the Importance of Nerve Function?

Fast forward 110 years later. I can't tell you how many times I have a person in front of me to whom I explain these simple workings of the importance of nerve function in the role of their health. I know I am not the only chiropractor who hears this next line all too frequently, "Why didn't my M.D. tell me that?"

My answer is usually something along the lines of, "Maybe they just simply don't know and you should explain it to them." In truth I do not know the answer, but my best guess would be that these understandings were firstly and continue to be associated with chiropractic and chiropractors. Their biasness professionally is that chiropractic ideas have not come from any medical research or any allopathic physician and therefore are not valid.

Well fret no longer; thanks to a wonderful M.D. who spent many long hours in the lab we have results that support the basics of the chiropractic view of a life and death relationship between the nerves and the fun

## How Many of us Receive Chiropractic Care?

Our profession has been educating, talking about, asking, and sometimes pleading with people to get checked for nerve interference by a chiropractor for over 100 years. Over 85 years ago the medical community itself validated chiropractic's reasoning with science.

Sadly to this day only 10 percent to 18 percent of our country's population has gotten under some type of chiropractic care according to various statistics.

We continue to get sicker as a country that encompasses something like 5 percent of the world's population--who consume around 60 percent of the world's pharmaceuticals. This concept of better health

through better drugs is not working and, more importantly, it is killing us. Conservatively speaking, the third leading cause of death in this country is the medical profession.

So whether you have a disease, an illness or symptoms, are without a symptom and want to create more health, or want to find out more about your body, the state of your spine, if you have nerve interference and more importantly how much or little you are expressing your health potential, you could benefit from a chiropractor.

Many of my colleagues across the country and world give health care classes, new patient orientations and speak to all sorts of groups. Please see the wonderful [chiropractor locator](#) and schedule yourself an appointment--or at the very least find out when the chiropractor nearest you is giving a talk about health, wellness and chiropractic as it relates to you and your family's lives.

I promise you it is the greatest gift you can give yourself and your family, now that you have started to understand how the body actually works!

**Dr. Lloyd Fielder** is the chiropractor who regularly adjusts me to optimize my nervous system. He was born in Brooklyn, NY and lived most of his life in the town of Oceanside on Long Island. He completed his undergraduate studies at the State University of New York at Albany before receiving his Doctor of Chiropractic degree at The National College of Chiropractic in Lombard, Illinois. He also has Bachelor of Science degrees in both biology and human biology. He has successfully owned and operated Schaumburg Chiropractic Wellness Center in Schaumburg, IL for the last seven years. Dr. Fielder commonly refers to his office as "one that is driven by possibilities to improve a person's life and health." For seven years Dr. Fielder has transformed the practice into one that is focused on the inborn innate ability of each person to achieve and express their full health potential.

#### **Reference:**

Much of this article was modified from an original article from Tedd Koren, D.C.

All quotes from: Winsor, H. Sympathetic segmental disturbances -- II. The evidences of the association, in dissected cadavers, of visceral disease with vertebral deformities of the same sympathetic segments, The Medical Times, November 1921.

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